



University of  
Chester

## **An Invitation to Counsellors who have worked in IAPT, and since left, to Participate in a Research Study**

**“An exploration of professional development implications for Counsellors who have worked in the English Improving Access to Psychological Therapies (IAPT) programme”**

I am seeking counsellors who are not currently employed in IAPT, and have worked as a counsellor in IAPT between 2008-2016. Participants must be aged 18 years or above, and be fluent in the spoken and written use of the English Language.

The study will involve a one-to-one interview to explore your experiences of working as a counsellor in IAPT, and how that may have affected (or not affected) your professional development from beneficial and adverse perspectives. This research is part of a Professional Doctorate in Counselling and Psychotherapy Studies / Psychological Trauma that I am undertaking at the University of Chester and has received formal Ethics Committee Approval.

### **What will happen to the results of the research study?**

The completed research will be stored (bound and electronic) at the University of Chester. It is hoped that the findings will be disseminated in future publications and at conferences with a view to helping inform counsellors of the professional development implications, beneficial or otherwise, of working as a counsellor in IAPT, and may inform future policy in relation to areas such as training and development.

### **Whom may I contact for further information?**

Please contact: Richard Mason by Email on [096810710@chester.ac.uk](mailto:096810710@chester.ac.uk)

***Thank you for your interest in this research.***